

GRAND LAKE REGIONAL CANCER CENTER NEWS

SPRING 2010

**WORLD CLASS TREATMENT
WITH A HOMETOWN ADDRESS**



HOW DO AUGLAIZE, MERCER AND VAN WERT COUNTIES COMPARE TO STATE AVERAGES FOR CANCER?

| | | | |
|---|-------|--------------------------------------|-------|
| State Average All Sites/Types of Cancer | 466.4 | State Average Prostate Cancer | 144.7 |
| Auglaize | 442.8 | Auglaize | 103.1 |
| Mercer | 451.7 | Mercer | 107.8 |
| Van Wert | 425.8 | Van Wert | 129.5 |
| State Average Breast Cancer | 120.4 | *State Average Colon & Rectum Cancer | 52.1 |
| Auglaize | 115.4 | Auglaize | 57.3 |
| Mercer | 113.3 | Mercer | 65.2 |
| Van Wert | 113.2 | Van Wert | 55.5 |

These statistics come from the 2009 American Cancer Society and Ohio Dept. of Health Ohio Facts and Figures report.



ACCORDING TO DR. RICHARD CAPONE CO-CHAIR OF THE NORTHWEST OHIO COLORECTAL CANCER AWARENESS TASK FORCE, "NO ONE SHOULD BE DYING FROM COLORECTAL CANCER. IT IS A PREVENTABLE DISEASE THANKS TO COLONOSCOPY AND POLYPECTOMY AND A CURABLE DISEASE WHEN FOUND IN ITS EARLY STAGES. EVERYONE 50 AND OLDER SHOULD TALK TO THEIR DOCTOR ABOUT GETTING COLORECTAL CANCER SCREENING."

The area is below the state average of expected incidence of all cancer/sites as well as several of the most common types of cancer. The exception is Colon & Rectum Cancer where all three counties are above the predicted incidence.

*This higher incidence could mean more people are getting screenings for colorectal cancer. If this is true, it could be due in part

to the cooperative Northwest Ohio Colorectal Cancer Awareness Task Force which has been working to increase the awareness of the need for screening. While there is not enough data for a conclusion, it is a fact that colorectal cancer is one of the most curable cancers if found in early stages. Everyone 50 and older should get a colorectal screening (preferably a colonoscopy). Anyone with the following symptoms should see a doctor.

- Change in bowel habits
- Feeling the need to have a bowel movement that is not relieved by doing so
- Rectal Bleeding or blood in the stool
- Cramping or steady abdominal pain
- Weakness and fatigue.

These symptoms could also indicate other or less serious illness, but they should be checked out by a doctor.

WELCOME TO THE GRAND LAKE REGIONAL CANCER CENTER NEWS

A quarterly publication for medical professionals, patients and friends. Our goal is to share information impacting cancer issues and to keep those involved in cancer services up to date with things that are going on locally and nationally. Please feel free to let us know any topics that would be of interest to you. Please send or email to the Grand Lake Regional Cancer Center News, 900 Havemann Road, Celina, OH 45822 or jmrowland@health-partners.org

GRAND LAKE REGIONAL N



WORLD CLASS TREATMENT WITH A HOMETOWN ADDRESS

THE GRAND LAKE REGIONAL CANCER CENTER OPENED ITS DOORS IN 2004. STAFFED BY EXPERIENCED CANCER SPECIALISTS, THE CENTER HAS SERVED NEARLY 1000 PATIENTS FROM MERCER, AUGLAIZE AND VAN WERT COUNTIES.

The location allows patients in the area to focus on recovery instead of travel. In addition to the highly qualified staff, the cancer center also provides patients with excellent technology including

- Customized treatment to help patients heal and experience the least impact on quality of life
- Experienced clinicians to help both the patient and caregivers cope with the illness including side effects of the cancer and treatment

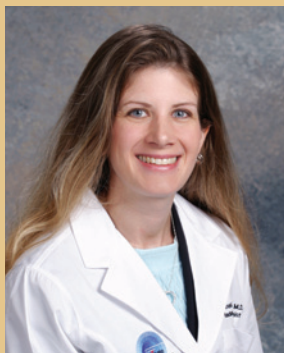
- Advanced tools for planning cancer treatment including a multi-slice CT simulator and a Pinnacle computerized planning system which helps map treatment areas for maximum impact to the cancers, with the least possible damage to healthy tissue.
- Linear Accelerator delivers radiation to specific and clearly defined tumor sites. This allows the radiation to directly target the tumors with minimal involvement of surrounding tissue.

IN 2009 **100%** OF GRAND LAKE REGIONAL CENTER PATIENTS SAID THEY WOULD RECOMMEND THE GRAND LAKE REGIONAL CANCER CENTER TO FAMILY AND FRIENDS



GRAND LAKE REGIONAL CANCER CENTER IS PART OF THE CANCER NETWORK OF WEST CENTRAL OHIO HOSPITALS WHICH INCLUDE:

Joint Township District Memorial Hospital (St. Marys)
Mary Rutan Hospital (Bellefontaine)
Mercer County Community Hospital (Coldwater)
St. Rita's Medical Center (Lima)
Van Wert Community Hospital (Van Wert)



Heather Kaiser, MD

NATIONALLY RECOGNIZED RADIATION ONCOLOGISTS

Toledo Radiation Oncology, Inc. (TRO), a highly respected group of radiation oncology physicians, staffs the cancer center. TRO is nationally recognized for excellence in radiation oncology and for their provision of experienced, superior quality radiation oncology services.

Heather Kaiser, MD who lives in the Grand Lake area, is the primary radiation oncologist at the Grand Lake Regional Cancer Center, and TRO has a large staff of radiation oncologists who are also available as needed.

In addition to Dr. Kaiser, TRO physicians include:

Wayne S. Court, PhD, MD
Gerald W. Marsa, MD, FACR
Steven R. Zeidner, MD, FACR
Faheem Ahmad, MD
James A. Fugazzi, MD
Roger T. Kucway, MD
Sandra J. Herrington, PhD, MD

CANCER CENTER NEWS



COMMUNITY BUSINESS OF THE YEAR AWARD

The Grand Lake Regional Cancer Center received the Community Business of the Year award from the Celina/Mercer County Chamber of Commerce at their recent Awards Banquet. Most of the Grand Lake radiation staff were at the dinner and accepted the award with Dr. Heather Kaiser and managing executive Chris Provaznik. Many former patients were on hand to congratulate the staff.

Back Row: Kathy Wendel, Accounts Coordinator; Nancy Jones, Accounts Receivable Clerk.; Mary Jo Dues, RN.; Judy Broering, RD; Mandy Fleck, RTT.

Front Row: Jill Otte, RTT, Chris Provaznik, Cancer Network; Dr. Heather Kaiser, Kellie Pearson, RTT

RELAY FOR LIFE

The American Cancer Society Relays For Life are some of the most established fund-raising events they have. The Relays pay off in many ways, not just in the dollars raised, but also in the community involvement and the inspiring survivors who walk and give hope to others. The Grand Lake professionals are actively involved in the Relays some in more than one event. Listed below is a list of some of the areas 2010 Relays For Life dates and locations.

| | | |
|------------|-----------|------------|
| Van Wert | 5/7/2010 | 6:00 p.m. |
| Celina | 6/12/2010 | 2:00 p.m. |
| Minster | 6/12/2010 | 12:00 p.m. |
| Wapakoneta | 6/25/2010 | 6:00 p.m. |

MEDICAL ONCOLOGISTS

Board certified medical oncologists' offices are also located in the center This allows patients to have the best possible coordinated care with the least inconvenience.

ONCOLOGISTS WITH OFFICES AT THE CENTER INCLUDE: DR. HENRY GERAD, THE GERAD CENTER FOR CANCER TREATMENT; DR. DAVID POWELL, CANCER CARE OF WEST CENTRAL OHIO; AND DR. ASHOK TRIPURANENI, MERCY CANCER CENTER



DR. HENRY GERAD

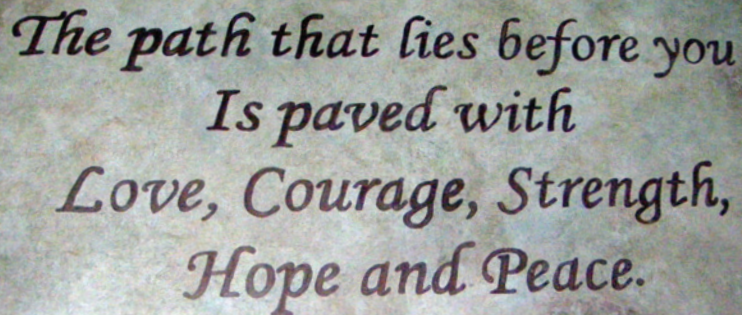
We will feature a medical oncologist in our newsletters starting with Dr. Henry Gerad.

Dr. Gerad has provided expert and compassionate care to thousands of patients throughout his 25 years of service to the West Central Ohio community. He maintains the most current cancer treatments by serving as Principal Investigator for clinical trials conducted by the Eastern Cooperative Oncology

Group (ECOG) in affiliation with the Mayo Clinic. He has also served as a National Cancer Institute Investigator since 1983.

Dr. Gerad received his Doctor of Medicine from Mount Sinai School of Medicine in New York City and completed his Internship and Residency at Hahnemann Medical College and Hospital in Philadelphia, PA. Dr. Gerad undertook his Fellowship training in Medical Oncology at the Baltimore Cancer Research Program of the National Cancer Institute.

HERE ARE A FEW COMMENTS OF RADIATION PATIENTS AFTER THEIR TREATMENT AT THE GRAND LAKE REGIONAL CANCER CENTER



*The path that lies before you
Is paved with
Love, Courage, Strength,
Hope and Peace.*

"Everyone was courteous, helpful and professional. The advice and help I was given was first rate. The staff certainly makes the best of a bad situation."

"My care was excellent- all staff is very friendly and makes you feel at ease. No one who visits the center for treatment wants to be there, but the entire staff takes very good care of their patients"

"I thought the service was excellent. The staff is superior. You feel like you are the only one they are taking care of and that's comforting"

"Everyone at the center was great! they are all very professional at their jobs, but very kind and caring. God Bless them all"

GRAND LAKE REGIONAL CANCER CENTER

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419-584-1900